

You can change a life for good!

Your gift to Friends of JCDS helps those who struggle with intellectual and development disabilities reach the goals and dreams we all share.

___ Enclosed is my gift of \$_____.

___ I'd like to know more about how I can enrich the lives of the people with intellectual and developmental disabilities in my community.

Name _____

Mailing Address _____

City _____

State _____ Zip _____

Email _____

Phone number _____

Please circle above your preferred method of communication with Friends of JCDS.

Credit Card Information

Please charge my:

   

Amount \$ _____ Expir. _____ CVV _____

Account #: _____

Signature: _____

Thank You for your partnership in the compassionate work of Friends!

Our Vision

To support enhanced quality of life for people with intellectual and developmental disabilities.

Our Mission

To enhance the lives of people with intellectual and developmental disabilities by supporting JCDS' people and programs when additional resources are needed.



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Celebrating
25 YEARS
of Caring



Building Resources for People
With Disabilities

Friends for Good

Imagine A World...

...where people are respected for who they are

...where the things we have in common are recognized

...where our differences are celebrated

Imagine a community where people with intellectual and developmental disabilities experience life the way others do.

Since 1990, Friends of JCDS has helped to make this dream a reality in our community.



We all want the same things in life:

**A comfortable Home — Rewarding work
— Good Health — Close Friends**

While this is easy for most citizens to achieve, it's nearly impossible for those with developmental disabilities — without help.

Friends of JCDS provides funding for the resources necessary to enrich the lives of this special population.

Accessible Housing

Together with Johnson County Developmental Supports (JCDS) and Johnson County government, Friends of JCDS provides 11 affordable, wheelchair-accessible housing for people with physical and developmental disabilities. This nationally recognized, award-winning program is one of Friends' greatest achievements!



Assistive Technology and Job Opportunities

Almost all people with developmental disabilities dream of having a more independent life, and employment is a major component. Friends of JCDS helps pay for adaptive equipment such as communication aids and specialized jigs to expand job opportunities for clients. Many Johnson County companies count on the strong work ethic of JCDS workers.



Fitness and Health

We all need a little motivation when it comes to making lifestyle improvements. The people served by JCDS are no exception! Living a happy and healthy life also means enjoying access to specialized therapies and activities that promote healing and well-being.

Participants in the "Healthy Lifestyles" project set personal goals to improve their overall health. Grants from Friends underwrite expenses for pedometers and other incentives to enable participants to meet their fitness objectives.

Life Enriching Activities

No one enjoys a life that's all work and no play, so Friends of JCDS develops outlets for personal growth through "Life Enrichment" activities such as arts and crafts, cooking, gardening, music, and attending community events. Thanks to supporters like you, Friends also sponsors social occasions like dances, picnics and holiday festivals to foster deep and lasting friendships.



www.friendsofjcds.com

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